This is a sudoku where the corners have been cut away. Using the usual rules of sudoku, it can be determined which pieces go in which corners, and then solving it in the standard way.

Reading each row’s shaded numbers displays 14, 21, 13, 2, 5, 18, 19
Using A=1, B=2 etc, this translates to the answer: NUMBERS.
Note: the number in the box below and to the left, if present, is the number of letters in the answer.

7  #puzzlevent by @danielpeake